## **Kitewcrks**

## Best Practices for Meeting the CMMC Awareness and Training Requirement



Adhering to the CMMC Awareness and Training requirement requires a strategic approach. Here are some best practices that defense contractors can embrace to accelerate CMMC compliance:



1. Develop a Comprehensive Training Program: Develop an overarching training curriculum that addresses every aspect of cybersecurity pertinent to your organization. This should encompass identifying and responding to phishing attempts, properly managing CUI and FCI, and strictly following your organization scybersecurity policies. Include interactive sessions for practical exercises and assessments to evaluate the understanding and application of the skills acquired.



2. Implement Ongoing Cybersecurity Training: Conduct continuous training sessions to reinforce cybersecurity practices. This approach helps ensure that all employees are up-to-date with the latest threats and security measures. Regular refresher courses help maintain a high level of awareness and preparedness among employees, enabling them to recognize and respond to potential security incidents more effectively. These sessions can cover various topics, including phishing, password management, and safe internet behaviors, ultimately fostering a culture of security within the organization.



**3. Utilize Real-World Cybersecurity Scenarios:** Incorporate practical exercises and simulations in your training program to enhance learning and retention. Integrate real-world scenarios that are relevant to your organization specific cybersecurity risks. Through hands-on activities like simulated phishing attacks and incident response drills, staff can develop and refine effective strategies for identifying, managing, and mitigating security risks.



**4. Measure Security Training Effectiveness:** Evaluate the effectiveness of your training program by systematically assessing employee performance through a variety of methods such as quizzes, practical assessments, and feedback sessions. Track the results and gather detailed insights into how well the employees are grasping the material. Based on these evaluations, make informed adjustments to your training approach to address any identified gaps.

## Best Practices for Meeting the CMMC Awareness and Training Requirement



**5. Engage External Cybersecurity Experts:** Collaborate with cybersecurity experts for valuable insights and assistance in creating tailored training materials that address specific threats relevant to your organization. By leveraging their expertise, you can ensure that your training program is both comprehensive and focused, covering the latest tactics used by cybercriminals and providing practical strategies for preventing attacks.



**6. Leverage Advancements in Training Technology:** Employ advanced technologies, such as learning management systems (LMS), to optimize the delivery and monitoring of training programs. These platforms facilitate the efficient organization of training schedules, content distribution, and progress assessments. With an LMS, administrators can easily track employee participation and comprehension, ensuring that training modules are consistently updated with the latest information.